

t  
*by* T T

---

**Submission date:** 05-Dec-2020 08:16PM (UTC+0700)

**Submission ID:** 1465672333

**File name:** counselling\_certification.edited.docx (21.44K)

**Word count:** 747

**Character count:** 4382

**Reaction Paper**

Name  
Institution  
Course  
Instructor  
Date

## **Reaction Paper**

### **Mental Health Licensing Talk**

The speaker Prof. Rosemary San Nicolas is a certified mental health counselor and a behavior analyst. Therefore, she is skilled and experienced in her work, thus providing the best guidance to students on understanding how they can be eligible and be certified in the above-mentioned field. Mental health is a critical aspect and requires individuals to have substantial knowledge of how to handle individuals with this condition. Furthermore, while there exist different programs, Nicolas (2020) states concerning mental health counseling, several of these counseling may require assessment, diagnoses and treatment thus depending on the program the counselor has majored in. The talk has focused on the requirement based on Florida State as different states have varying eligibility conditions and requirements for mental health counselors.

Mental health counselors are individuals who practice mental health counseling by utilizing psychological approaches to assess, examine, diagnose and treat people. Therefore, people who may need help from these counselors may have behavioral disorders, interpersonal relations issues and sexual dysfunction (Nicolas, 2020). Moreover, the treatment is done through therapies including psychotherapy, hypnotherapy and sex therapy. Nevertheless, before these individuals qualify to be counselors, they need to have attained certain requirements. For example, they need to have a master's degree which is achieved through having a minimum of sixty credits and one hundred hours of clinical experience attained through an internship. Similarly, they need to have a post-master's internship which must have 1500 hours of face-to-face psychotherapy, 100 weeks of work within the two years of study and 100 hours of supervision. Finally, the students should apply for the licensing exam and pass it. They are licensed only after attaining all the requirements. I think the eligibility criteria is essential despite it being tough because it helps in providing proficient counselors who understand their work and will help save lives. Furthermore, it will apply to my course in understanding the different types of therapy I may utilize and the diagnoses and treatment needed based on my profession.

### **ABA Certification Talk**

Nicolas (2020), stated that behavior analysis emerged from the principle of learning and behavior. Therefore, considering that it has two branches experimental analysis of behavior as well as applied behavior analysis it was important to create a behavior analyst certification board (BACB) to meet proficiency in credentialing requirements recognized by behavior analysts, their clients and the government. There are three certified behavior analysts with BACB, the first is a registered behavior technician (RBT) and they become certified after meeting certain eligibility requirements. They must be 18 years, finish online training module, pass the criminal background check, have a minimum of a high school diploma, accomplish the 40 hours of approved training and pass the RBT exams. This group must be supervised by the Board-certified Behavior Analyst (BCBA) or rather Board-Certified assistant Behavior Analyst (BCaBA) (Nicolas, 2020). Although BCaBAs and RBT can work in same places such as clinics, hospitals, foster homes and assisted living facilities, BCaBAs requirements to be certified are different because they need to have a bachelor's degree from a qualified university, accomplished 1000 hours of independent supervised fieldwork and attain the two hundred and seventy hours of coursework in behavior analysis. After achieving these eligibility requirements, they will need to apply for the certification exam and pass them to be certified by the board.

BACB has two requirements to accomplish before being certified and they involve coursework and fieldwork. First, under the coursework necessities, they need to finish an overall of two hundred and seventy classroom hours in behavior analysis. All the hours are allocated based on the BACB requirements in different detailed contents. Under the fieldwork eligibility, the BACB needs to finish 1000 hours overall in supervised behavioral analysis fieldwork. While in the total hours 5% of it is under supervision therefore, they need to be supervised at least once every two weeks to achieve the 50 hours used in supervised independent fieldwork. Also, students do not need to begin accruing experience until they start the behavior analysis coursework. I think the eligibility criteria used is significant in ensuring quality is achieved as well as balancing the level of individuals ability from the bachelor, to masters. This is important to me because I can identify which certification I will go first with and progress gradually to other levels of certification.

### References

- Nicolas, S.R. (2020). ABA Certification Talk. [https://www.youtube.com/watch?v=iBTJ\\_Q-A0Ec&feature=youtu.be](https://www.youtube.com/watch?v=iBTJ_Q-A0Ec&feature=youtu.be)
- Nicolas, S. R. (2020). Mental Health Licensing Talk. <https://www.youtube.com/watch?v=cmUErop9TBQ&feature=youtu.be>

ORIGINALITY REPORT

---

2%

SIMILARITY INDEX

2%

INTERNET SOURCES

1%

PUBLICATIONS

2%

STUDENT PAPERS

---

PRIMARY SOURCES

---

1

[www.newhopebehavioranalysis.com](http://www.newhopebehavioranalysis.com)

Internet Source

2%

---

Exclude quotes Off

Exclude bibliography Off

Exclude matches Off